



### SPECIAL POINTS OF INTEREST:

- Faculty and Student Awards
- St. Lucia Trip 2012
- Alumni and Student News



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Editor: Kerry Smith

# CPSY TIMES Spring 2013

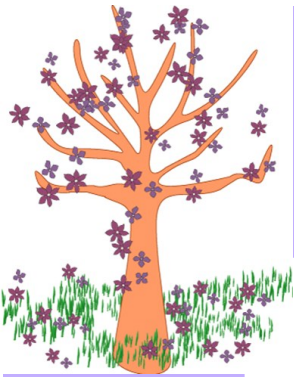
## Letter from the Chair

It is a good day for . . . well, whatever it is that you are doing today. Things are quite busy around TC this semester:

- We have returned home. After nearly six months in our temporary home across campus, CPSY has moved back to the 6<sup>th</sup> floor. We are still looking for a few missing items, unpacking boxes, and getting confused when the elevator doors open. It is also taking time to get photos, awards, diplomas, etc., hung, but we are beginning to adjust to our new digs. The Practicum Clinic remains on the other side of campus, necessitating a two-block hike back and forth until December 2013. When the clinic moves back, it will reside in the new combined Clinic in the basement of TC.
- We continue to be in accreditation mode. The rehabilitation counseling site visit is scheduled for March 2013. The doctoral program's site visit is slated for fall 2013. The department as a unit will also be evaluated before fall 2014. That evaluation may include yet another site visit.
- The search for new faculty members continues. We have been busily interviewing candidates for both the social psychology position and the newly created school counseling position. We hope to name candidates to both positions before semester's end.
- The search for the 2013 incoming class is also progressing. Master's applicant files are under review, and doctoral candidates are being interviewed this month. This part of the process is always a lot of work, but the pay-off makes it all worthwhile. On the other side of the timeline, we are all waiting for internship selection day, and the soon-to-be graduates are gearing up for the job hunt.
- Spring is conference time, it seems. With the American Counseling Association Convention in Cincinnati, the Association of Women in Psychology Convention in Salt Lake City, the Great Lakes Regional Counseling Psychology Conference in Grand Rapids, the Psychology of Religion and Spirituality Conference in Maryland, and the Indiana Counseling Association Conference in Terre Haute, we have something for almost everyone. And that is all before we get to the Midwestern Psychological Association Conference in Chicago in May.
- Life is not standing still. We seem to be experiencing an explosion of engagements, weddings and babies around here. It is nice to see people who understand that life does not have to be put "on hold" while in school. In fact, it is impossible to do so.
- Dr. Spengler is back from sabbatical, while Dr. Kruczek is out for the spring term.

Overall, we are having the usual, overly busy spring semester. There are only so many hours in the day, and week, yet we seem to cram more and more things into those precious hours. Events like the Newtown shootings, or Superstorm Sandy, are grim reminders that life can change in an instant. Take a moment today to speak to a neighbor, play with a pet, or sip a cup of tea. The work ahead of you will wait. It always does.

Dr. Sharon Bowman



## Faculty News



Dr. Stefania Aegisdottir, Dr. Sharon Bowman, Dean John Jacobson, Dr. Dustin Shepler, and Dr. Kristin Perrone- McGovern

### Dr. Gerstein Receives Grant

**Gerstein, L. H., & Waite, G.** Grant awarded, 2012. "The Benjamin V. Cohen Conference: Promoting Non-violence at Home and Beyond." \$2,000. United States Institution of Peace and the Institute of International Education. Washington, DC.

### Dr. Nicholas Guest Edits Special Issue of *The Counseling Psychologist*

Dr. Donald Nicholas was the guest editor for a special issue of *The Counseling Psychologist*, titled *Psycho-Oncology and Counseling Psychology*, which focuses on how counseling psychologists can better serve individuals who have been affected by cancer. The issue was released this February and was dedicated in memoriam to Robyn O. J. Kim, 1970-2011, the wife of Bryan S. K. Kim, Associate Editor of *The Counseling Psychologist*.

# Congratulations, Graduates!



Graduates with Faculty.  
From Left: Dr. Theresa Kruczek, Jill Sullivan, Tricia Groff, Dr. Kristin Perrone-McGovern, Aarika White, Kory Carey, and Dr. Donald Nicholas.



Dr. Larry Gerstein, Dr. Sharon Bowman, Aarika White, Dr. Kristin Perrone-McGovern, Dr. Donald Nicholas, and Dr. Jacob Chan.



# Student Awards

## **Philip Keck accepted into Leadership Academy**

Philip Keck (doctoral student) was accepted into the second Society of Counseling Psychology Leadership Academy, which is designed to increase the leadership skills of doctoral students and early career psychologists. There were 68 applications for 10 slots this year.

## **Nehad Sandozi, John McConnell, & Matt Jackson Receive Scholarships**

Nehad, John, and Matt (doctoral students) received the Fall 2012 National Psychologist Trainee Register (NPTR) Credentialing Scholarship. The scholarship is applied to the application and registration fees for the National Register Health Service Provider in Psychology credential.

## **Patrick Waring is Selected APAGS Liaison**

Patrick Waring (master's student) was recently selected as the APAGS (American Psychological Association of Graduate Students) liaison to the APA Committee of Disability Issues in Psychology. Congratulations, Patrick!

## **April Krowel Appointed Chairperson of AMHCA Committee**

April Krowel (doctoral student) will begin her term in July 2013 as chairperson of the AMHCA (American Mental Health Counselors Association) Graduate Student Committee. She will also be teaching a course in April 2013 through BSU's office of Learning and Development, titled: Understanding and Welcoming Student Veterans.

## **Lauren Young Awarded Air Force Scholarship**

Doctoral student Lauren Young was awarded the Air Force Scholarship. This means she will be sworn in as a Lieutenant in the coming weeks and will enter the Air Force upon graduation. Congratulations Lt. Young!



# News from the School Counseling Program



Mindy Turner-Willard and Dr. Alexander

School Counseling alumna **Mindy Turner-Willard, 04'**, was named the National School Counselor of the Year. This award "presented by the American School Counselor Association (ASCA), honors school counseling professionals who devote their careers to serving as advocates and often lifesavers for the nation's students" (ASCA, 2012). Mindy is a school counselor at Sunset Ridge Elementary School, a Title 1 school serving 650 students in Glendale, Arizona. Among her achievements and innovations at Sunset Ridge is Club Ophelia, a program created to increase resiliency in 7th and 8th grade girls.

Mindy previously won the Arizona Multi-level School Counselor of the Year award in 2007 and the prestigious RAMP Award (Recognized ASCA Model Program) in 2011. Mindy is the sixth counselor nationally to receive this award and was honored by the ASCA along with four other finalists at a ceremony in Washington, DC, on February 1, 2013 (See pictures below).



Mindy with her award



Mindy giving her acceptance speech



Judy Bowers (past president of the American School Counselor Association), Mindy Turner-Willard, and Dr. Charlene Alexander

# St. Lucia Trip Summer 2012



Last summer, five school counseling students and three doctoral students traveled to St. Lucia with Dr. Charlene Alexander. The first week was spent training secondary students at Soufriere Senior Comprehensive School in the Help Increase the Peace Process (HIPP), and weeks two and three were spent working with individual students and groups at two secondary schools in Soufriere, St. Lucia. Additionally, students implemented the Center for Disease Control's (CDC) Choose Respect dating violence prevention program with secondary students.



HIPP presentation at  
Soufriere Senior  
Comprehensive School



## School Counseling Students Present at ISCA



Dr. Alexander, Brittanie Mosbaugh, Shannon Doody, James Taylor (J.T.), Heather Powell, Brittany Williams, and Xiaochun Zhu

This year **all** second year students in the school counseling program presented at the Indiana School Counselor Association (ISCA) conference in Indianapolis, from November 1- 2, 2012. Ball State University was well represented at the conference with a total of three presentations.

First presentation: *Developing Multicultural Counseling Competency In School Counselor Trainees* was presented by Alicia Harlow, Kathleen Niegocki, Scott Bischoff, and Dr. Charlene Alexander.

Second Presentation: *Peer Mediation and Conflict Resolution with Secondary Students* was presented by Brittanie Mosbaugh, Xiaochun Zhu, Brittany Williams, Shannon Doody, Heather Powell, James Taylor (J.T.), and Dr. Charlene Alexander.

Third Presentation: *Opening Classroom Doors: Aligning Counseling and Teaching Standards in a 5<sup>th</sup> Grade Career Unit* was presented by Jennifer Conti, Royerton Elementary School, Kevin Young, and Rebecca Hammons.

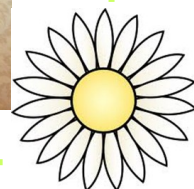
Fourth Presentation: *Self-care as a Stress Intervention for Adolescents* was presented by Kevin Young.



Kevin Young, Jennifer Conti, and Rebecca Hammons (3rd presentation)



Kevin Young





# Congratulations!

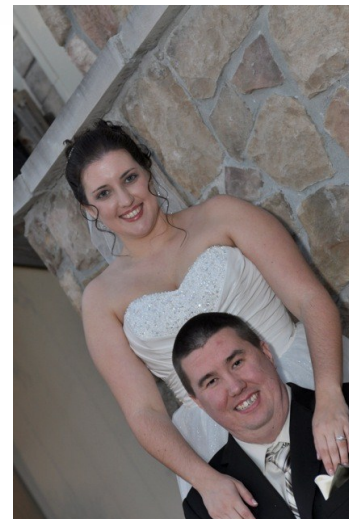
**Jamie Goodwin-Uhler (Ph.D., '10)**

had a baby girl, Claire Annabelle, 9+ months ago. She is also working as an instructor in the psychology department at Monmouth University in West Long Branch, NJ.

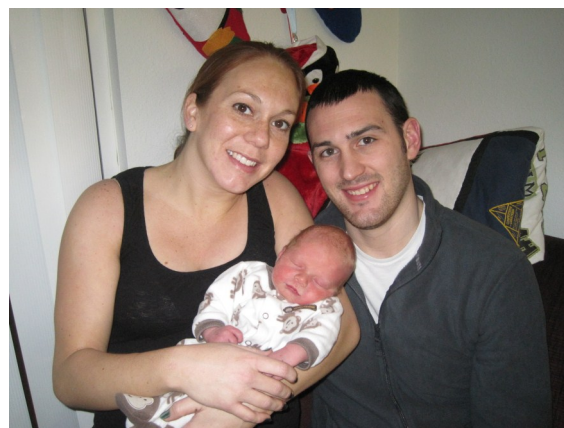


**Aarika White (Ph.D., '12)**

is currently teaching practicum on Monday nights. She got married this past November (see picture at right). Her husband's name is Josh White and they were married on November 9, 2012, their 10-year dating anniversary.



**Tacianna Oliver**, master's student, was engaged to Chris Indovina on December 22, 2012. They are planning a wedding for the summer of 2014.



**Sarah Conway**, master's student, and husband Trent welcomed daughter Haley Elizabeth Conway on Tuesday, December 11, 2012 at 12:12 p.m. Stats: 7 lbs., 6 oz., and 21 inches long.



**Kelly Clougher**, doctoral candidate, and husband Kyle welcomed their son Peyton Douglas Clougher into the world on December 28, 2012 at 5:24 p.m. Stats: 20.75 inches long and 9 lbs., 2 oz.



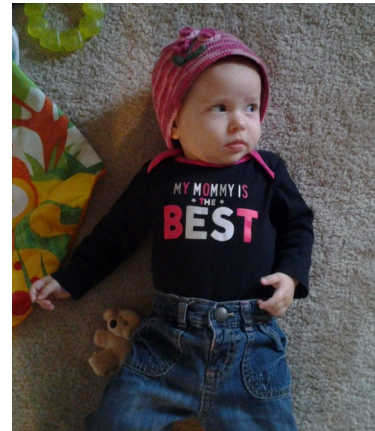
**Jill (Salsman) Leer (Ph.D., '07)** married Ken Leer on October 6, 2012.



# Alumni News

**Glee R. Ross, (M.A., '81)**, shares, "I retired from L.L. Bean in 2009 and have worked at Crossroads (addiction and behavioral health treatment services) since 2010. I have been a hospice volunteer since 1981. I was recognized as the volunteer of the year in 2004. I have two daughters and two grandchildren. My younger daughter is serving in the US Air Force."

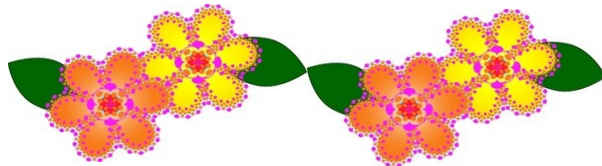
**Carrie Hill Steckl, (M.A., '94)** married Dave Steckl on October 15, 2011. Those who remember Carrie's 6'0" height will be happy to know that Dave is a modest 6'9"! Carrie is a freelance writer in caregiving, mental health, and aging as well as an adjunct instructor for Columbia College. (see picture at right)



**Joel Hartong (M.A., Ph.D., 2011)** shares this picture of his daughter Adah Hartong.

**Justin R. Toft, (M.A., '10)**, of Sandusky, Ohio, is engaged to Diane M. Myers, also of Sandusky. Furthermore, Justin has obtained State of Ohio Funeral Director and Embalmer licenses. He works at Toft Funeral Home & Crematory in Sandusky.

**Angela Lykins (M.A., '90)** says, "I completed my Ph.D. in School Psychology with cognates in Neuropsychology and Counseling in July 1994. I worked for Madison Clinic and St. John's Hospital System from 1994 until 1998. In January 1999, I opened Lykins Counseling Clinic in Muncie. We are an outpatient, mental health clinic providing counseling services to individuals, families, couples, and groups from the ages of three to geriatric populations. There are eight additional counselors on staff at the clinic (equal mix of male and females). Finally, we are on most major medical insurance plans as well as approved to provide services to medicaid and medicare clients."



**Harold Rhoades (Ph.D., '80)** has seen his long term dream come true: to be on the Coming into Existence of Healing Springs Retreat.

**Richard A. Wantz (Ed.D. '76)** shares his recent publications:

- Wantz, R. A., Firmin, M. W., Stoltzfus, M. J., Ray, B. N., Holmes, H. J., & Geib, E. F. (2012). Undergraduate college student perceptions of psychiatric nurses. *Issues in Mental Health Nursing*, 33(11), 769-776. DOI: 10.3109/01612840.2012.711432.
- Firmin, M. W., Wantz, R. A., Geib, E. F., & Ray, B. N. (2012). Undergraduate college student perceptions of practicing psychiatrists. *Journal of Psychiatric Practice*, 18(6), 1-8. DOI: 10.1097/01.pra.0000422746.25613.fa.
- Firmin, M., Wantz, R. A., Holmes, H. J., Stoltzfus, M. J., Ray, B. N., & Geib, E. F. (2012). Undergraduate college students' perceptions of psychologists. Practitioner's Corner. *North American Journal of Psychology*, 14, 371-382. DOI: 288873868.
- Firmin, M. W., Wantz, R. A., Firmin, R. L., & Johnson, C. B. (2012). Sources by which students perceive professional counselors' effectiveness. *The Professional Counselor: Research and Practice*, 2(1), 33-42. Permanent on-line access [http://tpcjournal.nbcc.org/The\\_Professional\\_Counselor\\_Journal\\_TPC\\_Volume\\_2\\_Issue\\_1\\_2/](http://tpcjournal.nbcc.org/The_Professional_Counselor_Journal_TPC_Volume_2_Issue_1_2/)
- Firmin, M. W., Wantz, R. A., Firmin, R. L., & Johnson, C. B. (2012). Sources by which students perceive professional counselors' effectiveness. *The Professional Counselor: Digest*, 2(1), 10-11. Permanent on-line access <http://tpcjournal.nbcc.org/>.

# Alumni News Continued

"I retired as Distinguished Professor Emeritus at NC State University in 2005. I worked as Director of Diversity and Multicultural Affairs at UNC Asheville 2005 - 2007. During calendar year 2011 I worked as Interim Executive Director of the Asheville Buncombe Community Relations Council. After three retirements, I believe that I have it right. I am currently writing the third edition of Increasing Multicultural Understanding, scheduled to be published in 2014."

**Don. C. Locke, Ed.D., '74**

**Jane Royskowski (Ph.D., '10)** has taken a position as Senior Psychologist in the Department of Neurology at the Hennepin County Medical Center in Minneapolis, Minnesota. The position was effective in January 2013. She was previously at Lee University in Cleveland, Tennessee.

"I am currently working for Community Hospital Anderson (CHA). I have been employed by CHA for 15 years. For the last nine years, I have written an annual grant for my position. The Prenatal Substance Use Prevention Program (PSUPP) that I developed and manage is funded through MCH funds. The ISDH administers the grant funds for 15 sites in Indiana."

**Priscilla Engle (Counseling Psychology minor, '97)**

"No new marriages, children or even grandchildren. I have lived in the same house for eight years. How boring? Not quite. In the past few years, since my retirement in 2001, I have found that volunteer work is not my cup of tea. However, school seems to be. I have earned a Doctorate in Biblical Studies from Masters International Divinity School of Evansville, Indiana. I am now working on a second degree, a Ph.D. in Biblical Counseling. I have finished the course work and am now working on the dissertation. I also work at Tucson Medical Center as an "on-call" chaplain and am my church's (Desert Skies United Methodist Church) provider of Pastoral Care. While being a volunteer is not my cup of tea, I do seem to respond well to the two dogs' demands to be taken on walks. It keeps me walking. I am also a member of the local Chapter of the Military Officers Association of America (MOAA) and serve as their treasurer. It is fun having other people's money in my hands."

**Roy Ludlow (Ed.S., '79)**

**Christy Tollett (M.A., '01)** has been named the student services coordinator for Purdue University College of Technology at Richmond. Tollett has been the Head of Guidance at Centerville High School, where she helped earn the school an Indiana Gold Star School Counseling Award and the American School Counselor Association's Recognized ASCA Model Program Award. She was named the Centerville-Abington School District's Educator of the Year in 2009.



Christy Tollett



## Faculty Interview: Dr. Molly Tschopp, (Director, Rehabilitation Counseling Program)

**Where is your hometown?** Cedar Rapids, Iowa.

**Where did you obtain your bachelor's, master's, and doctoral degrees and what were your majors?**

I earned both my B.A. in Psychology and my M.A. in Rehabilitation Counseling from the University of Iowa. I earned my Ph.D. in Rehabilitation Psychology from the University of Wisconsin in Madison.

**What brought you to Ball State?**

I first joined the CPSY faculty in 2002 after I graduated from the University of Wisconsin. The focus on social justice and the diverse and accomplished faculty attracted me to the department. I was a faculty member and director of the Rehabilitation Counseling program until December 2008. I then moved to Boston for four years to serve as the director of the Rehabilitation Counseling program at the University of Massachusetts-Boston. I had a wonderful experience at UMass-Boston; it made an enduring impression on me professionally and personally. This Fall 2012, ten years from my start date, I returned to Ball State's CPSY department for those original reasons- dedicated faculty, talented students, and a solid mission.

**What led you to rehabilitation psychology and teaching?**

I have always been interested in health, working with marginalized and oppressed groups, and improving quality of life. Early in college I was focused on becoming a physician. One summer I took an elective in psychology and I was fascinated. Later, I discovered the field of rehabilitation counseling and it was the perfect match- combining my interests in physical health, mental health, and social justice. I knew immediately that I wanted to continue on to doctoral study in rehabilitation psychology. The holistic nature of rehabilitation and the emphasis on advocacy are especially meaningful to me.

**Please describe your work within the department:**

I am an Associate Professor and the Director of the Rehabilitation Counseling program. This program is focused on training counselors to specialize in working with individuals with health conditions and disabilities. I teach both general counseling and rehabilitation counseling specific courses, serve on committees, and conduct research.

**What are your research/teaching interests?**

This year I am teaching Introduction to Rehabilitation Counseling, Medical Aspects of Disability, Practicum, and Career Theories. My research interests are focused on inclusion and community integration of individuals with disabilities. My most recent work is focused on community integration of veterans with physical and/or psychological wounds.

**What are your favorite interests and activities outside of academia?**

I treasure time with my family. With three young children I get to truly experience the wonder of the world through their eyes. Living on the coast I was in heaven playing with my kids in the beach tide pools finding starfish and crabs. Now that I am back in the Midwest I am looking forward to gardening as a family. My parents taught me a love of nature and I want to pass that on.

**What is your favorite book? movie?**

One favorite book would be *Birds of America*, short stories by Lorrie Moore. She was a professor of English at the University of Wisconsin-Madison.

I am enthralled with documentaries and I have a dream of making one someday. Outside of Documentaries, a favorite movie is *Amelie*. It is a French film that tells a story about how seemingly small acts by one can profoundly influence the lives of others.

## Student Interview: Athena Kheibari (M.A., Social Psychology)

**Where is your hometown?** I am from a suburb of Detroit, Michigan, called Northville.

**Where did you earn your bachelor's degree and what was your major?**

My bachelor's degree is from the University of Michigan and my major was psychology.

**What first interested you in social psychology?**

In my third year of college, I took an intro to social psychology course with Dr. Hymes. He had such an interesting personality and his passion about the topic really sparked my passion about it. I had taken other courses in psychology, but his lectures and examples really made me think about things differently and made social psychology stand out for me.

**Why did you choose to attend Ball State?**

Coming out of the University of Michigan, I knew that I loved social psychology, but coming here to get my master's in social psychology is the next step in helping me fine tune which specific area of social psychology drives my passion. No other school has a social psychology master's program like Ball State's. I felt that getting a master's degree in such a unique field would give me the opportunity to take my career to the next step.

**What do you think of your experience at Ball State as a master's student so far?**

This program has put me in contact with so many different people and helped me collaborate with students and faculty in different areas of psychology that I would not otherwise have gotten to work with. My research interests go hand in hand with counseling psychology, so this environment is great for facilitating what I want to study and research. The faculty are really open to my ideas and don't try to channel students' ideas into their own goals or research. The students here have been nothing less than inspiring, and overall my experience has widened my perspective on different topics.

**What are your research interests?**

My research interests are the attitudes and perceptions of suicide survivors—the friends and family members who have lost a loved one to suicide. They often fall behind a curtain of silence and the stigma that exists towards suicide in our society complicates their grieving process. Suicide leaves people with so many unanswered questions and the negative public attitude can really hinder their healing process. If we can eliminate the stigma against it, people may feel more comfortable seeking help and counseling. I am also interested in perceptions about mental illness in general and the fact that as a society we often ignore the root of violent incidents, such as school shootings. We see government officials and policy makers address the issue of mental illness but the public and media still minimize its importance while focusing on other important issues such as gun control and placing armed guards at school entrances.

**What are your future plans and career goals?**

My immediate plans are to continue onto a social psychology doctorate program after completing my master's degree and hope to continue my research on attitudes and perceptions toward mental illness and suicide. I've always been fascinated by the minds of serial killers, so I have considered going into the behavioral unit of the FBI. I am fascinated by the deviant people in society and how their minds work so uniquely.

**What are some of your favorite interests and activities?**

Coming from the Motor City, I love anything related to high performance cars, including going to the North American International Auto Show and other drag racing events. I currently own a Mitsubishi Evolution (the main car from the second "Fast & Furious" movie) that I sometimes take to the race track and car shows. I also like to do abstract painting and try to be artistically creative with other materials around the house. But my true love is traveling—I think it's a great way to learn about different cultures and see all the beautiful countries across the world.

**If you could have dinner with anyone (dead or alive, fictional or nonfictional), who would it be?**

I would have dinner with Salvador Dali because he's such an anomaly. I really enjoy his artwork but I wonder what his thought processes were when he was making them. I think it's interesting that although his behaviors were very strange and sometimes offensive, he was still well respected, whereas someone else doing the same things might be labeled as "crazy." However some do think that Dali suffered from a personality disorder and displayed signs of psychosis, but that this only fostered his extraordinary creativity. Indeed some research says that creativity is similar to insanity because of the similarities in the thought pathways. This is why I find him to be so fascinating.

**What is your favorite movie? book?**

*The Lord of the Rings* trilogy are my favorite movies because they create such an amazing fantasy world that make me feel like I'm right there with the characters. My favorite book is *The Sex Lives of Cannibals* by J. Maarten Troost. It's about a couple that traded their lives in the modern world for the raw, undeveloped islands of the South Pacific. It reminds me to value the simple things that make us human, like personal connections and interactions, and that at any moment we could escape the complications of our material world and choose to live simply. I think people often live to work rather than work to live, and it's good to be reminded that life experiences can bring much more satisfaction to us than any material object.



Athena Kheibari



## Student Interview: Lauren Young (Ph.D., Counseling Psychology)

**Where is your hometown?** St. Louis, Missouri.

**Where did you earn your bachelor's degree and master's degree and what were your majors?**

I received my bachelor's degree from Drury University in Springfield, Missouri, and my master's degree from Illinois State University in Normal, Illinois. My bachelor's degree is in psychology and sociology and my master's degree is in clinical-counseling psychology.

**What first interested you in counseling?**

Counseling is something that I've been interested in for quite a long time. When my husband returned from his tour in Iraq, many of our friends had difficulty transitioning into the civilian lifestyle after coming back from war. Noticing their difficulties is what transcended my interests from psychology in general to counseling psychology specifically.

**Why did you choose to attend Ball State?**

Ball State's counseling psychology program far exceeds other programs in its emphasis on military psychology. I was looking for a program that could assist me in achieving my goals as well as one where I could make a positive impact on the university. I wanted to be involved with military psychology and Ball State provided me with that. The program has great personal connections with VA hospitals, the Air Force scholarship, and there is a strong drive by students to make an impact on the field. When it comes to military psychology, you need a lot of support to get involved in the system, and Ball State definitely has those connections.

**What do you think of your experience at Ball State as a doctoral student so far? What do you like about the program?**

I really like that support is inherently built into the system here. I never feel like a burden when I ask professors for help or further explanation of something, and it's apparent that they are always there to help you through the process. We have collaborative relationships where we are working on mutual goals, and that's a really great feeling.

**What are your research interests?**

Broadly, my research interests are in military psychology, but more specifically women in the military: women's experiences with gender and sexual harassment, military sexual trauma, and women transitioning into male-dominated professions and how this impacts their sense of acceptance and support. They are a specialized group within a very specialized field- 15% of all service members are female. Many women are having experiences that should not be happening in today's military. It's 2013 and if we have to worry about women fighting against our own soldiers, then we are missing something and that needs to change. That is what I am really passionate about.

**What are your future plans and career goals?**

I am applying to the Health Professions' Scholarship Program (HPSP) through the Air Force. If I receive the scholarship, I will be commissioned as an officer in the Air Force and will serve as a military psychologist post graduation. (She received the scholarship just weeks after this interview.)

**What are some of your favorite interests and activities?**

I love to paint when I have time for it, and running when it's not bitter cold outside. I'm also trying to get into sewing more and making my own clothes.

**If you could have dinner with anyone (dead or alive, fictional or nonfictional), who would it be?**

It's a toss up between Victor Frankl and Irvin Yalom- whoever would agree to my invitation first. I have a lot of elements of existential therapy in my work and I feel like Frankl's focus on finding meaning is important for clients as well as clinicians and was a very revolutionary way to conceptualize therapy. I also appreciate the way that Yalom presents himself as a life-long learner who is completely comfortable with knowing that he doesn't know everything and is constantly striving for knowledge.

**What is your favorite movie? book?**

One of my favorite movies is *G.I. Jane*- that's the movie I will always put in if I am having a bad day. *Man's Search for Meaning* by Victor Frankl is one of my favorite books. The *Harry Potter* series or anything by Edgar Allan Poe are a close second and third.



Lauren Young

Photo Credit: Erin Sadler

## Recent Publications

- Perrone-McGovern, K.M., Boo, J.N., & Vannatter, A.** (2012). Marital and life satisfaction among gifted adults. *Roeper Review*, 34, 46-52.
- Perrone-McGovern, K.M., Wright, S.L., Howell, D., & Barnum, E.** (In press). Contextual influences of work and family roles: Gender, culture, and socioeconomic factors. *Career Development Quarterly*.
- Wright, S.L., Perrone-McGovern, K.M., Boo, J.N., & Vannatter, A.** (In Press). The influence of attachment on perceptions of supports and barriers to academic and career self-efficacy: A mediational model. *Journal of Counseling and Development*.

## Recent Presentations

- Begley, A., & Poulsen, J.** (2013, May). *Women facing regulatory failure in acquiring new health information*. Poster to be presented at the 2013 Midwestern Psychological Association Conference, Chicago, Illinois.
- Begley, A., Poulsen, J., & Carmon, A.** (2013, January). *Can familial bonds protect you against the repercussions of ostracism?* Poster presented at the annual meeting of the Society of Personality and Social Psychology, New Orleans, Louisiana.
- Conti, J., Hammons, R., & Young, K.** (2012, November). *Opening classroom doors: Aligning Indiana counseling standards for guidance with academic standards in a fifth grade career unit*. Session presentation at the 2012 Indiana School Counselor Association Conference, Indianapolis, Indiana.
- Krowel, A., & Young, L.** (2013, August). *Military culture: A viable faction of the multicultural umbrella*. Poster to be presented at the 2013 American Psychological Association Convention, Honolulu, Hawaii.
- Poulsen, J., **Begley, A.**, & Carmon, A. (2013, January). *Forgiveness and closeness as safeguards against experiences of family ostracism*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, New Orleans, Louisiana.
- Young, K.** (2012, November). *Self-care as a stress intervention for adolescents*. Roundtable discussion facilitated at the 2012 Indiana School Counselor Association Conference, Indianapolis, Indiana.





## Spring 2013 Calendar Information

**March 2-10 – Spring Break, no classes**

March 13 – Registration for summer semester begins

March 18 – Last day to withdraw from courses

April 26 – Last meeting day for regular classes

**April 29-May 3 – Final Examination Period**

**May 3 – Spring Term Ends**



### Attention: Graduating Master's Students!

You must apply for graduation at the Graduate School by the deadline in the semester you intend to graduate. Please see the Graduate School's website at [www.bsu.edu/gradschool](http://www.bsu.edu/gradschool) for forms and more information.

*Spring 2013:*

April 8– Deadline to submit research papers, creative projects, theses, and dissertations

*Summer 2013:*

June 3— Graduation application deadline



### Seeking Licensure Outside of Indiana?

There is a new website that helps students find out licensing requirements for all states in one central location:

<http://www.counselor-license.com/>

–Submitted by Marianne Foust

## Upcoming Conferences and Workshops

### Association for Women in Psychology

2013 Conference  
March 7-10, 2013  
Salt Lake City, UT

### Great Lakes Counseling Psychology Conference

Western Michigan University  
April 12-13, 2013  
Grand Rapids, MI

### Reality Therapy in Action

Featuring Dr. Robert Wubbolding  
(Author and developer of the REBT  
model of Reality Therapy)  
May 30, 2013  
Cincinnati, OH

### American Counseling Association

2013 Annual Conference &  
Exposition  
March 20-24, 2013  
Cincinnati, OH

### Techniques in Crisis Counseling

Featuring Dr. Butch Losey (Author  
of the book *Bullying, Suicide and  
Homicide*)  
April 26, 2013  
Indianapolis, IN

### Society for Interpersonal Psychotherapy

Annual International Conference  
June 13-15, 2013  
Iowa City, IA

### Conference on Religion and Spirituality

Loyola University-Maryland  
March 22-23, 2013  
Columbia, MD

### Midwestern Psychological Association

85th Annual Meeting  
May 2-4, 2013  
Chicago, IL

### American Psychological Association

2013 Annual Convention  
July 31-Aug 4, 2013  
Honolulu, HI



## Keep in Touch!

We are always very curious about what our current students and alumni are up to, so keep those announcements coming! The Keep in Touch Form is now online at [www.bsu.edu/counselingpsychology](http://www.bsu.edu/counselingpsychology)

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